

The Capstone Heroes Award

2011-2012

The Capstone Heroes Award is given to individuals that embody the very best ideals of the University of Alabama and the Capstone Creed. Successful nominees should go above and beyond to positively influence the University of Alabama's community both academically and culturally. This year students nominated must have at least 90 credit hours (these are total hours and can be a combination of UA and transfer credit) to be eligible to receive a nomination. Past recipients have sought not only to improve the University community, but to improve the lives of its members.

This year nominations for the Capstone Heroes Awards will be accepted until Friday, March 9th at 4:45pm. Nominations may be submitted via e-mail to Josh Burford, Coordinator of Student Development Programs, at burfo003@sa.ua.edu, or dropped off in the Office of Student Involvement & Leadership in 355 Ferguson Center.

An electronic copy of this form is available at <http://leadership.ua.edu/>

For questions, please call the Office of Student Involvement & Leadership at 348-6114 or visit us in 355 Ferguson Center.



THE CAPSTONE CREED

*As a member of
the University of Alabama community,
I will pursue knowledge;
act with fairness, honesty, and respect;
foster individual and civic responsibility;
and strive for excellence.*

Please print or type your responses to the following questions.

1. What is a defining characteristic of the nominee that parallels the ideals listed in the creed and sets them apart from others?

2. What has this person contributed to the University of Alabama?

3. Choose an aspect of the Creed and explain how the nominee embodies that aspect. Describe an account where the nominee implemented that aspect in his/her life.
